



FREEDOM NZ

R . A . S . E

**RAISING
AWARENESS
OF
SEXUAL
EXPLOITATION**

DISCUSSION BOOKLET

Presented by
**Freedom NZ & Elim
Christian Centre**

LEADERS NOTE/DISCLAIMER:

This four part video course is focused on raising awareness of sexual exploitation and covers a range of heavy topics. We want you to be aware that when you facilitate your group, individual's experiences or past traumas could be triggered. Please go into your group times prayerfully and utilise the resources below should you need them.

Two specific topics that we cover in the area of sexual exploitation are sex trafficking and pornography.

Please be aware that the conversations regarding trafficking may be unsettling especially if those in your group have been affected directly or indirectly by sexual abuse. We also know that pornography is a huge issue for many people so be mindful that group members may currently be wrestling with this issue.

During this course we do ask for people to discuss their personal experiences with pornography. Please make your group an open place where they feel welcome to speak but also not forced. Please be ready to refer them to our extra resources if they are asking for it or if you think they may need it.

Below is a list of resources around the issue of pornography and ways to access help to get through an issue or addiction:

The Light project resources:

<https://thelightproject.co.nz/need-help/>

<https://thelightproject.co.nz/resources/porn-use-self-check/>

Talk lines:

<https://www.1737.org.nz/>

<http://www.safetotalk.nz/>

Other helpful websites and organisations:

<https://fightthenewdrug.org/>

<https://www.collectiveshout.org/>

<https://www.pornhelp.org/>

We pray God's blessing and empowerment over you as you faithfully lead your group.

WEEK 1:

Introduction to sexual exploitation & sex trafficking

DISCUSSION:

- 1) How did the Child Rescue video make you feel? What is one thing/statement/idea that shocked you?
- 2) What is something that you didn't know before about sex trafficking that you learnt from this video - how has it changed your perspective on sex trafficking
- 3) What do you think the churches role is in response to sex trafficking?
- 4) As said there are three ways people become part of the commercial sex industry: choice, circumstance and coercion. How can we fight against each way? Ex. Choice - educate; circumstance - help out of poverty; coercion - laws, protection.
- 5) What gifts do you feel like God is personally calling you to use combat the evil of sex trafficking?

WEEK 1:

Introduction to sexual exploitation & sex trafficking

DISCUSSION:

6) Like Jess, has God put a social justice issue on your heart before?

Psalm 82:3-4 -

“Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. Rescue the weak and the needy; deliver them from the hand of the wicked.”

7) How can we see that these things matter to God? (i.e. how did Jesus demonstrate carrying out these precepts throughout His life and ministry?)

8) What is one step you can take to begin to fight against the commercial sex industry?

9) What do we need to pray about?

WEEK 2:

Sexual exploitation in NZ

DISCUSSION:

- 1) What was your initial impression of sex trafficking? Has it changed since watching this video?
- 2) What is survival sex trafficking?
- 3) Circumstances can lead to coercion in the sex industry; how can we help fight the link between the two?
- 4) Sex trafficking does not only mean international trafficking and as discussed, this could be happening to a child with a seemingly normal looking life. How does this change your view on sex trafficking?
- 5) How does sex trafficking happen online?
- 6) Who is affected by online trafficking and what are the effects?

WEEK 2:

Sexual exploitation in NZ

DISCUSSION:

7) Online sex trafficking is very real and very existent in New Zealand. What role does our nation's social media usage have in this?

8)“Every time that footage or photo is looked at, that child is being victimised over and over again”.

- How does this statement make you feel?
- How does it change the way you view these children being used?

9) NZ is level one tier for sex trafficking. How do you think we can we better handle this issue in NZ?

10) Kristen discussed how people voluntarily or forcefully become involved in sex trafficking in New Zealand. What are some ways/laws/concepts you think the government could implement in order to prevent some of these problems from arising in the first place?

WEEK 3:

Pornography is a form of sexual exploitation

DISCUSSION:

Disclaimer: Dean speaks a lot about how pornography can affect men but we are also aware that pornography also affects women.

1) Before watching this video did you think pornography was a form of exploitation and if so what were your thoughts on how it affected people?

2) How does Dean describe pornography affecting the brain?

3) What are your thoughts on Deans statement: "Men make the mistake of thinking they can handle watching pornography."

- Do you agree or disagree with it?
 - Do you personally think it's just men who struggle with pornography?
- Discuss.

4) "Pornography inflames some men to commit crimes against woman."

What are your thoughts on this and how do you think it relates to the issue of sexual exploitation?

5) "Pornography will affect your relationships and you."

Have you personally had any experiences with this?

Either your story or hearing someone else's story?

WEEK 3:

Pornography is a form of sexual exploitation

DISCUSSION:

6) What are the 3 biggest issues Dean mentions that most men will need to bring under control?

- Do you think women also need to bring these under control?

7) What is your thoughts on people looking for love in the wrong places?
How does this relate to sexual exploitation?

Psalm 18:19

"He brought me out into a spacious place; he rescued me because he delighted in me."

8) Do you believe God can rescue you and others from the addiction of pornography and free people from sexual exploitation?

If you think you have a problem with pornography don't be ashamed to seek help.
Link to Valiant Man resource and course Dean mentions in this video:

<http://www.family.org.nz/programme-overview/valiant-man>

WEEK 4:

Taking action

DISCUSSION:

This week we want you to take to time think and talk to someone/your group about how you can help fight sexual exploitation, is there something that is pressing you and breaking your heart?

What is the next step of action for you to take?

We would also love to encourage you to look into some extra resources during this time too.

RESOURCES:

Mentioned in the video:

Child Rescue:

<https://www.childrescue.org.nz/>

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ECPAT:

<https://www.ecpat.org.nz/>

Workshops:

<https://www.ecpat.org.nz/training>

ECPAT Recommended Websites:

Netsafe:

<https://www.netsafe.org.nz/>

The Department of Internal Affairs website - The Department of Internal Affairs Te Tari Taiwhenua

<https://www.dia.govt.nz/>

NZ Customs website:

<https://www.customs.govt.nz/>

OCEANZ/NZ Police website:

<https://www.police.govt.nz/advice-services/cybercrime-and-internet/online-child-safety>

Save the Children website:

<https://www.savethechildren.org.nz/>

WEEK 4:

Taking action

RESOURCES:

Mentioned in the video:

Freedom NZ:

SPEAK UP: Sharing on social media & having conversations

STAND OUT: Using resources to make a difference by shutting down false information around sexual exploitation and sex trafficking.

REACH OUT: Get involved with an organisation.

Contact us if you would like to join Freedom NZ advocates.

<https://www.ffse.org.nz/>

Extra useful resources:

Natalie Thorburn's research on sex trafficking in NZ.

<https://auckland.academia.edu/NatalieThorburn>

Website blockers:

<https://www.covenanteyes.com/>

<https://apps.apple.com/us/app/website-blocker/id885146361>

<https://blocksite.co/>

Other organizations:

The light project:

<https://thelightproject.co.nz/>

A21:

<https://www.a21.org/index.php?site=true>